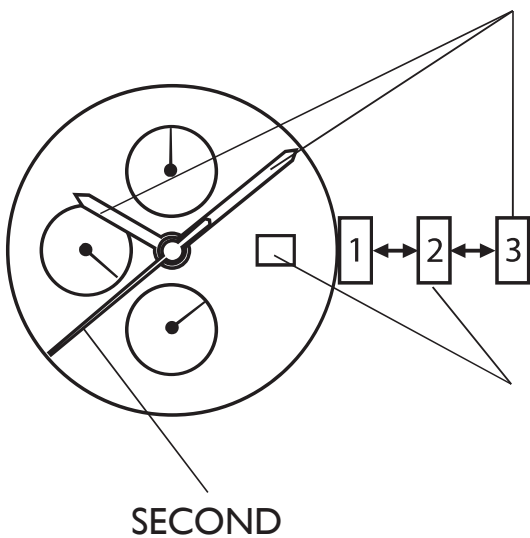


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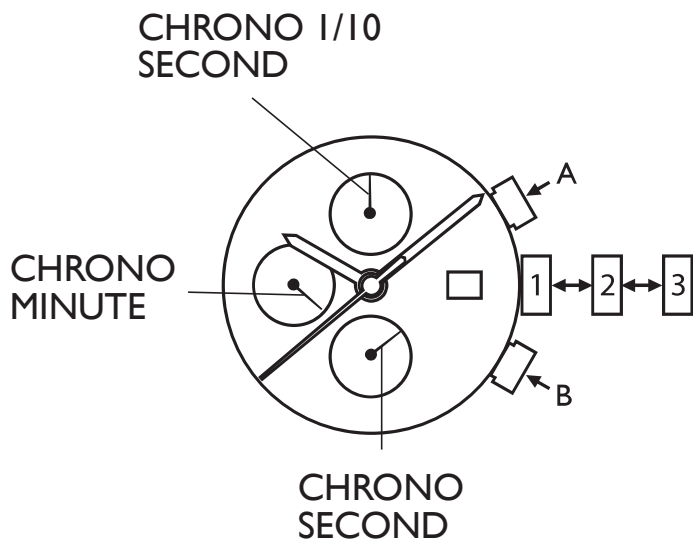
VD57
INSTRUCTION MANUAL

**TIME SETTING:**

1. Pull crown out to position 3.
2. Turn the crown to set the desired time.
3. Return the crown to its normal position.

DATE SETTING:

1. Pull the crown out to position 2.
2. Turn the crown counter-clockwise until the correct date is shown in the date window.
*** do not set the date between 9:00 p.m. and 3:00 a.m.**
3. Return the crown to its normal position.



CHRONOGRAPH OPERATION:

- * The measurement time is indicated by the stopwatch hands that move independently of the center hands.
- * The stopwatch can measure up to 60 minutes.
- * The stopwatch measures in 1/10 second increments.

To measure elapsed or split time:

1. PRESS pusher A to start timing
2. PRESS pusher B to stop timing. The stopwatch continues to count seconds elapsed but the hands do not move.
3. PRESS pusher B again to resume timing. The hands move quickly to indicate elapsed time and continue counting.

NOTE: The hour, minute and second hands on the watch will continue to indicate the correct time while using the stopwatch.

The stopwatch 1/10 second hand moves for a first minute. After one minute, it indicates the measurement time when it is stopped.

ADJUSTING THE CHRONOGRAPH:

1. Pull the crown to position 3.

2. Press button A or B to reset all stopwatch hands to "0" position.

*The stopwatch minute hand moves correspondingly with the stopwatch second.

*The hands move quickly if the respective buttons are kept pressed.

3. Reset the watch to the current time and return the crown to its normal position.